

HHG Tutorial by Don Croft

The Holy Handgrenade (HHg) is like a bigger version of the Towerbuster, and if you are a Monty Python fan you will know where the name came from. 😊 The HHg has an effective range of about 5 miles and is useful if there is a tower that is on an inaccessible peak or if you just need a little more oomph in your gifting efforts. Gifters have ringed a mountain with HHg's at the base to effect change to towers on the top. Many times you will find that the road to a mountain-top tower is closed to vehicles, so you can either hoof it on foot, ride up on a bike or motorcycle, or ring the bottom all the way around.

HHgs are relatively simple to make, they just take a bit more volume of orgonite than the TB and are traditionally made with more gemstones.

Supplies:

A mold – A set of cheap martini glasses from Target are the easiest mold, but you can also just make a cone shape with a piece of paper and set it up in some kind of stand to hold it upright while you pour the orgonite in.

18 gauge copper wire – you can find this at any hardware store

Crystal – for the HHg you will need a short, fat crystal that has a point. Clear quartz is fine, smoky quartz has a little more punch. You will also need some supplementary crystals that will just be dropped into the resin as you fill up the mold, if you want to make a fancier version. Suggestions are: amethyst, hematite, lapis, ruby, smoky quartz, obsidian, tiger eye. Use your intuition for this. You can either get tumbled pieces or buy a strand of gemstone chips at a bead or rock store.

Resin and catalyst – see suggestions on the [TB tutorial page](#) for sources of resin.

Here are Don's instructions for an approximately 12 oz. HHg:

1. Fold a piece of typing paper twice and then open it into a cone shape. Tape the overlap and underlap with masking tape to help it hold its shape. After you've shaped it into a cone, put the opened cone upside down in a paper cup.



Or use a martini glass, which can be easier and less messy.

2. We cut a 26" length of 18 gauge copper wire and form it into a clockwise cone spiral (it resembles the tip of a big screw) so that it fits loosely inside the paper cone. You can make it pretty rough or [get a coil winder from www.orgonita.eu](http://www.orgonita.eu). The coil winder makes life a lot easier. Orgonita.eu is a Spanish site but Francisco, who runs the site, speaks excellent English, [so email him](mailto:francisco@orgonita.eu) if you have any questions. Orgone simply loves to run along and thru curved, orderly pathways. 26" works well for us but there's no specific reason for the length except Carol likes it. We haven't seen any evidence that 'lost cubits' or other specific measures are relevant to this work, by the way.



3. Put a big pinch of metal particles into the pointy end of the cone, right on top of the little end of the copper spiral. I like to use BBs (small, copper or zinc-coated ball bearings that American kids shoot from air rifles) for the tips of my HHGs but they're very heavy and expensive if you're making a lot of HHGs and TBs. The spherical form and also the plated zinc and copper over steel provide some pretty dynamic energy qualities but any meta waste from a machine shop is more than sufficient.

4. Shove a fat crystal, point down, into the metal so that it's standing up, then put a little more metal in to hold it in place. I use very cheap, funky-looking crystals for this which have one distinct end. Any form of quartz works fine, by the way, for any of the items mentioned in this document - amethyst, rose quartz, citrine, etc. Save the nice ones for personal devices, though, if you feel inclined to experiment with the dynamics of gemstones. For an HHg I'll use anything that's at least an inch long and a half inch thick with one distinct point.

5. Now pour enough catalyzed resin in to saturate the metal. If your metal particles are too fine for the resin to pour thru before it hardens, mix the stuff before you put it in the inverted cone. Don't learn this the hard way, as I did (and still do ;-)! The level of resin and the level of metal after it's saturated needs to be about the same, otherwise you're wasting some resin. It's better to have metal sticking out of the bottom of the finished product than to have less metal than resin. It's the metal that does the work, apparently; the resin is the matrix.

6. We add a bit of garnets, hematite and crushed pyrite to the orgonite, sometimes; it's an optional process for this device but this is a tried and true combination of minerals for enhancing and grounding the effects of the material. If you've got a talent for this process, add whatever you like. If you don't have a feel for it, be aware that the improper combination of elements will reduce the effectiveness of your devices. There are books that can teach you the properties of

gemstones and minerals and these properties are greatly enhanced by orgonite. My favorite, because it's based on a combination of intuition and empirical testing, is Michael Gienger's CRYSTAL POWER, CRYSTAL HEALING. I don't personally care much for channeled literature because there's no science behind it. Science and spirituality are inseparable, in my opinion. Leaving one or the other out of our personal life leaves us either materialistic or superstitious but when they're in harmony, we're empowered and intelligent.

7. Fill to the brim, in stages if necessary, with orgonite and when it's hard, it's finished. You can leave the paper on or peel it off. I leave the paper on and sometimes paint them green and brown with spray paint if I won't be burying it and you'd be surprised how hard it is to see a camouflaged HHg once it's been put in a bush or other hiding place. Make sure you place the HHG with the cone pointing up or it won't be nearly as effective. Toss a few TB's in the area as well to disguise the distinctive cone-shaped orgone energy that comes off the HHg.

Notice that I'm not putting any additional crystals in the mix as we'd advised in earlier instructions. I simply found that using one bulky crystal in the point makes the other ones extraneous. I think the coil is important in this case. Save the fancy efforts for your personal devices.

In case you don't know, when you put your nose over the point of an HHg and breathe, the effect is exactly like when you breathe pure oxygen - your rib cage expands like an accordion and you feel rejuvenated. That's an orgone effect.